

# Marine Corps Family Team Building

## Giving Marines and Families Tools to Thrive

The Commandant and Senior Marine Corps leadership have listened to Marines and families and are responding to their needs with unprecedented resources and commitment.

To ensure Marines and families are prepared to successfully meet the challenges of today's military lifestyle, MCFTB programs have been revitalized and expanded...

*New*

### **READINESS AND DEPLOYMENT SUPPORT**

MCFTB Readiness and Deployment Support Training offers assistance to units by connecting unit Family Readiness Officers (FROs) and commands, assisting with family readiness issues, and delivering pre, during, and post-deployment presentations.

*New*

### **LIFESKILLS EDUCATION AND TRAINING**

LifeSkills Training provides connection to, or facilitation of, various workshops in such areas as parenting, financial management, stress and anger management, and understanding personality differences.

*New*

### **FAMILY READINESS PROGRAM TRAINING**

Family Readiness Program Training provides necessary training for Command Teams, FROs, Family Readiness Advisors, and Family Readiness Program Assistants on their roles and responsibilities in the Unit Family Readiness Program.

### **PREVENTION AND RELATIONSHIP ENHANCEMENT PROGRAM (PREP)**

PREP provides couples with tools to enhance their communication and problem-solving skills. These tools that are key for a lasting, healthy marriage.

*Expanded*

### **NEW LIFESTYLE INSIGHTS, NETWORKING, KNOWLEDGE AND SKILLS (L.I.N.K.S.)**

L.I.N.K.S. provides information to all Marines and family members on the resources available and methods for meeting the challenges of the military lifestyle. Sessions are available for Marines, spouses, children/teens, and parents of Marines. Live, online, and printed versions are available.

### **CHAPLAINS RELIGIOUS ENRICHMENT DEVELOPMENT OPERATION (CREDO)**

CREDO offers retreats that help people grow toward increased functional ability, spiritual maturity, acceptance of responsibility, and enhanced readiness.

MCFTB....MEETING THE CURRENT AND FUTURE NEEDS OF OUR WARRIORS AND THEIR FAMILIES

