

How Marine Corps Family Team Building Supports Our Families

L.I.N.K.S.: Lifestyle Insights, Networking, Knowledge, and Skills.

L.I.N.K.S. provides information to all Marines and family members on the resources available and methods for meeting challenges of the military lifestyle. Sessions are available for Marines, spouses, children/teens, and parents/extended family members of Marines.

Readiness and Deployment Support: Camp Pendleton Readiness and Deployment Support Training offers assistance to units by connecting unit Family Readiness Officers (FROs) and commands, assisting with family readiness issues, and delivering pre-, during, and post-deployment presentations.

Family Readiness Program Training: Offers services to assist commands in developing effective readiness programs while helping unit families become self-sufficient. Family Readiness Program Trainers offer training for Command Teams, Family Readiness Officers, Family Readiness Advisors and Family Readiness Assistants on their roles and responsibilities in the Unit Family Readiness Program.

LifeSkills Education and Training: LifeSkills Training provides connection to, or facilitation of, various workshops in areas such as parenting, financial management, stress and anger management, and understanding personality differences. LifeSkills will also be coordinating and facilitating the Spouses' Learning Series, a three-tiered program providing Marine Corps spouses the opportunity to further their personal and professional growth through workshops and online educational courseware.

P.R.E.P.: Prevention Relationship Enhancement Program. This one day workshop helps couples communicate and connect more effectively. Participants learn and practice proven techniques. Key topics include: Relationship Risk Factors, Communication Danger Signs, Safety and Structure in Communication, and When Forgiveness Isn't Easy.

CREDO: CREDO's name comes from a Latin word meaning I believe! In fact, the unit is actually a training team with a goal of building the belief of Marines and Sailors in five key areas: Self, Relationships, Team, Unit, & God. While CREDO is staffed by specially trained Navy Chaplains, its programs, retreats, and seminars are not necessarily religious in nature.

**Marine Corps Family Team Building Training Schedule
October-December 2009
Building 1795
(760) 725-9052**

Family Readiness Program Training

Family Readiness Volunteer Training

October 3	Saturday	0900-1500
October 28	Wednesday	0900-1500
November 12	Thursday	0900-1500

Family Readiness Officer Training

October 8	Thursday	0830-1500
November 3	Tuesday	0830-1500

Family Readiness Officer Continuing Education Sessions

October 20	Tuesday	1000-1200
November 17	Tuesday	1000-1200
December 15	Tuesday	1000-1200

Family Readiness Officer Mass Communication Tool Training

November 4,5,6	Wednesday-Friday	0830-1430
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Family Readiness Officer Volunteer Tracking Tool Training

October 13,14,15	Tuesday-Thursday	0830-1430
November 18,19,20	Wednesday-Friday	0830-1430
December 7,8,9	Monday-Wednesday	0830-1430

Family Readiness Command Team Training

Trainings will be scheduled per unit request

L.I.N.K.S.

L.I.N.K.S. for Spouses

October 7-8	Wednesday-Thursday	0800-1300
November 4-5	Wednesday-Thursday	0800-1300
November 17,18,19	Tuesday-Thursday	1700-2100
December 2-3	Wednesday-Thursday	0800-1300

L.I.N.K.S. for Kids

November 23	Monday	0900-1300
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L.I.N.K.S. for Teens

November 24	Tuesday	1300-1800
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L.I.N.K.S. for Parents

November 14	Saturday	0800-1630
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LifeSkills/ Spouses' Learning Series

4 Lenses Personality Workshop: Understanding Yourself and Others

November 17	Tuesday	0830-1230
December 15	Tuesday	0830-1230

7 Habits of Highly Effective Military Families

October 13	Tuesday	0800-1530
November 3	Tuesday	0800-1530

Gaining Change Skills: "Who Moved My Cheese?"

October 27	Tuesday	0800-1530
November 17	Tuesday	0800-1530
December 1	Tuesday	0800-1530

Readiness and Deployment Support

Spouses In The Midst – Harvest Masquerade

October 21	Wednesday	0900-1230
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*Registration is required at least three days prior to training. Childcare may be available.